



BOYS & GIRLS CLUBS
OF THE SIOUX EMPIRE

November 2021				
Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast- WG Rice Chex Cereal Banana 1% Milk Lunch- Hot Dog On a Bun French Fries Fruit Mix 1% Milk Snack- Sliced Cheese Saltines Water</p>	<p>2 Breakfast- WG Pancakes Diced Peaches 1% Milk Lunch- Spaghetti Green Beans Pineapple Tidbits 1% Milk Snack- WG Tortilla Chips & Salsa 1% Milk</p>	<p>3 Breakfast- Cherrios Applesauce 1% Milk Lunch- Chicken & Brown Rice Mixed Vegetables Diced Pears 1% Milk Snack- Cheese Its 1% Milk</p>	<p>4 Breakfast- Toast Pineapple Tidbits 1% Milk Lunch- Nachos Lettuce Diced Peaches 1% Milk Snack- Giant Goldfish Grahams 1% Milk</p>	<p>5 Breakfast- WG Kix Cereal Fruit Mix 1% Milk Lunch- Hot Ham & Cheese on a Bun Baby carrots Applesauce 1% Milk Snack- String Cheese Ritz Crackers</p>
<p>8 Breakfast- Corn Chex Cereal Diced Pears 1% Milk Lunch- Chicken Filet on a Bun Baby Carrots Pineapple Tidbits 1% Milk Snack- Animal Cracker 1% Milk</p>	<p>9 Breakfast- WG Biscuits Applesauce 1% Milk Lunch - Cheese Pizza Fresh Broccoli Diced Peaches 1% Milk Snack- Soft Pretzel w/Cheese Sauce 1% Milk</p>	<p>10 Breakfast- Kix Cereal Pineapple Tidbits 1% Milk Lunch- Lasagna Peas Mandarin Oranges 1% Milk Snack- Wheat Crackers 1% Milk</p>	<p>11 Breakfast- WG Bagel Diced Peaches 1% Milk Lunch- Meatballs WG Dinner Roll Mashed Potatoes Fruit Mix 1% Milk Snack- Jelly Sandwich 1% Milk</p>	<p>12 Breakfast- Cherrios Mandarin Oranges 1% Milk Lunch- Chicken Taco on Tortilla Shell Lettuce Applesauce 1% Milk Snack- Goldfish Crackers 1% Milk</p>
<p>15 Breakfast- Corn Chex Cereal Banana 1% Milk Lunch- Beef Stroganoff Corn Diced Pears 1% Milk Snack- Bread Stick w/pizza sauce 1% Milk</p>	<p>16 Breakfast- English Muffin Diced Peaches 1% Milk Lunch-Tuna Sandwich on a Bun Green Beans Fruit Mix 1% Milk Snack- WG Bug Bites 1% Milk</p>	<p>17 Breakfast- Life Cereal Pineapple Tidbits 1% Milk Lunch- Chicken Enchilada Casserole w/Tortilla Shells Broccoli Applesauce 1% Milk Snack- String Cheese Saltine Crackers Water</p>	<p>18 Breakfast- Toast Orange Slices 1% Milk Lunch- Chili Saltines Diced Peaches 1% Milk Snack- Graham Crackers 1% Milk</p>	<p>19 Breakfast- WG Kix Cereal Applesauce 1% Milk Lunch- Hot Dog on a Bun Tatar Tots Pineapple Tidbits 1% Milk Snack- Ritz Crackers 1% Milk</p>
<p>22 Breakfast- WG Cherrios Banana 1% Milk Lunch- Bean Burrito Green Beans Pineapple Tidbits 1% Milk Snack- Mini Pretzels 1% Milk</p>	<p>23 Breakfast- WG Bagel Fruit Mix 1% Milk Lunch- Turkey WG Dinner Roll Mashed Potatoes Green Bean Casserole Apple Crisp 1% Milk Snack- WG Goldfish Crackers 1% Milk</p>	<p>24 Breakfast- Rice Chex Cereal Pineapple Tidbits 1% Milk Lunch- Ham & Cheese on a Bun Baby Carrots Diced Peaches 1% Milk Snack- WG Animal Crackers 1% Milk</p>	<p style="text-align: center;">CLOSED</p> <p style="text-align: center;">HAPPY THANKSGIVING!</p>	<p style="text-align: center;">CLOSED</p>
<p>29 Breakfast- Corn Chex Diced Peaches 1% Milk Lunch- Cheese Pizza Baby Carrots w/ranch Fruit Mix 1% Milk Snack- Jelly Sandwich 1% Milk</p>	<p>30 Breakfast- French Toast Sticks Applesauce 1% Milk Lunch- Meatballs Mashed Potatoes WG Dinner Roll Diced Pears 1% Milk Snack- WG Scooby Snacks 1% Milk</p>			<p style="text-align: center;">Menu Subject to Change</p>