



**BOYS & GIRLS CLUBS**  
OF THE SIOUX EMPIRE

| <b>May 2022</b>   |  |  |   |  |
|---|--|--|---|--|
| <b>Monday</b>   | <b>Tuesday</b>   | <b>Wednesday</b>   | <b>Thursday</b>   | <b>Friday</b>  |
| <p><b>2</b><br/><b>Breakfast-</b> WG Kix Cereal Banana 1% Milk<br/><b>Lunch-</b> Turkey &amp; Cheese on a Bun Baked Beans Fruit Cocktail 1% Milk<br/><b>Snack-</b> Graham Crackers 1% Milk</p>      | <p><b>3</b><br/><b>Breakfast-</b> French Toast Applesauce 1% Milk<br/><b>Lunch-</b> Chicken Tenders Baby Carrots Diced Pears 1% Milk<br/><b>Snack-</b> Breadstick w/pizza sauce 1% Milk</p>          | <p><b>4</b><br/><b>Breakfast-</b> WG Cheerios Fruit Cocktail 1% Milk<br/><b>Lunch-</b> Hamburger on a Bun French Fries Pineapple Tidbits 1% Milk<br/><b>Snack-</b> Cheese Slices Saltines Water</p>    | <p><b>5</b><br/><b>Breakfast-</b> WG Pancakes Diced Pears 1% Milk<br/><b>Lunch-</b>Chicken &amp; Stuffing Casserole Diced Carrots Diced Peaches 1% Milk<br/><b>Snack-</b> WG Bagel 1% Milk</p>              | <p><b>6</b><br/><b>Breakfast-</b> Rice Chex Cereal Pineapple Tidbits 1% Milk<br/><b>Lunch-</b> Turkey Corndog Tater Tots Applesauce 1% Milk<br/><b>Snack-</b> Animal Crackers 1% Milk</p>                  |
| <p><b>9</b><br/><b>Breakfast-</b> Rice Chex Cereal Diced Pears 1% Milk<br/><b>Lunch-</b> WG Chicken Nuggets Fresh Broccoli Diced Peaches 1% Milk<br/><b>Snack-</b> Teddy Grahams 1% Milk</p>        | <p><b>10</b><br/><b>Breakfast-</b> Bagel Applesauce 1% Milk<br/><b>Lunch -</b> BBQ on a Bun Corn Pineapple Tidbits 1% Milk<br/><b>Snack-</b> Mini Pretzels 1% Milk</p>                               | <p><b>11</b><br/><b>Breakfast-</b> Kix Cereal Fruit Cocktail 1% Milk<br/><b>Lunch-</b> Chicken Taco Tortilla shell Lettuce Mandarin Oranges 1% Milk<br/><b>Snack-</b> String cheese Saltines Water</p> | <p><b>12</b><br/><b>Breakfast-</b> Oatmeal Pineapple Tidbits 1% Milk<br/><b>Lunch-</b> Tatar Tot Casserole w/Green Beans WG Dinner Roll Diced Pears 1% Milk<br/><b>Snack-</b> Goldfish Crackers 1% Milk</p> | <p><b>13</b><br/><b>Breakfast-</b> Cherrios Diced Peaches 1% Milk<br/><b>Lunch-</b> Chicken Salad Baby Carrots Applesauce 1% Milk<br/><b>Snack-</b> Ritz Crackers 1% Milk</p>                              |
| <p><b>16</b><br/><b>Breakfast-</b> Rice Chex Cereal Banana 1% Milk<br/><b>Lunch-</b> Hot Dog On a Bun French Fries Fruit Cocktail 1% Milk<br/><b>Snack-</b> Sliced Cheese Saltines Water</p>        | <p><b>17</b><br/><b>Breakfast-</b> Pancakes Diced Peaches 1% Milk<br/><b>Lunch-</b> Spaghetti Green Beans Pineapple Tidbits 1% Milk<br/><b>Snack-</b> WG Tortilla Chips &amp; Salsa 1% Milk</p>      | <p><b>18</b><br/><b>Breakfast-</b>Cherrios Applesauce 1% Milk<br/><b>Lunch-</b>Chicken &amp; Brown Rice Mixed Vegetables Diced Pears 1% Milk<br/><b>Snack-</b> Cheese It Crackers 1% Milk</p>          | <p><b>19</b><br/><b>Breakfast-</b> Toast Pineapple Tidbits 1% Milk<br/><b>Lunch-</b> Nachos Lettuce w/ ranch Diced Peaches 1% Milk<br/><b>Snack-</b> Giant Goldfish Grahams 1% Milk</p>                     | <p><b>20</b><br/><b>Breakfast-</b> Kix Cereal Fruit Cocktail 1% Milk<br/><b>Lunch-</b> Hot Ham &amp; Cheese on a Bun Baby carrots Applesauce 1% Milk<br/><b>Snack-</b> Trail Mix w/ WG Cereals 1% Milk</p> |
| <p><b>23</b><br/><b>Breakfast-</b>Corn Chex Cereal Diced Pears 1% Milk<br/><b>Lunch-</b> Chicken Filet on a Bun Baby Carrots Pineapple Tidbits 1% Milk<br/><b>Snack-</b> Animal Cracker 1% Milk</p> | <p><b>24</b><br/><b>Breakfast-</b> WG Biscuits Applesauce 1% Milk<br/><b>Lunch-</b> Cheese Quesadilla Fresh Broccoli Diced Peaches 1% Milk<br/><b>Snack-</b> Soft Pretzel w/Cheese Sauce 1% Milk</p> | <p><b>25</b><br/><b>Breakfast-</b> Kix Cereal Pineapple Tidbits 1% Milk<br/><b>Lunch-</b> Chimichanga Lettuce Fruit Cocktail 1% Milk<br/><b>Snack-</b> Wheat Crackers 1% Milk</p>                      | <p><b>26</b><br/><b>Breakfast-</b> WG Bagel Diced Peaches 1% Milk<br/><b>Lunch-</b> Turkey Corndogs Baby Carrots Diced Pears 1% Milk<br/><b>Snack-</b> Jelly Sandwich 1% Milk</p>                           | <p><b>27</b><br/><b>Breakfast-</b> - Cherrios Fruit Cocktail 1% Milk<br/><b>Lunch-</b> Chicken Taco on Tortilla Shell Lettuce Applesauce 1% Milk<br/><b>Snack-</b> Cheese It Crackers 1 % Milk</p>         |
| <p><b>30</b><br/><b>CLOSED</b></p>  | <p><b>31</b><br/><b>Breakfast-</b>Corn Chex Cereal Banana 1% Milk<br/><b>Lunch-</b> Tuna Sandwich on a Bun Baby Carrots Fruit Cocktail 1% Milk<br/><b>Snack-</b> Teddy Grahams 1% Milk</p>           |  |   | <p><b>Menu Subject to Change</b></p>   |